Here is the sorted schedule for the month of April, formatted for your website. I have simplified the listings to include only the specific series names you requested.

April Workout Schedule

Date	Time	Program Name
Wednesday, April 1	06:00 am	Bodies in Motion
	06:30 am	Total Body Sculpt
	08:00 am	Bodies in Motion
	08:30 am	Total Body Sculpt
	10:00 am	Bodies in Motion
Thursday, April 2	06:00 am	Bodies in Motion
	06:30 am	Bodies in Motion 30th Anniversary Shows
	08:00 am	Bodies in Motion
	08:30 am	Bodies in Motion 30th Anniversary Shows

	10:00 am	Total Body Sculpt
Friday, April 3	06:00 am	Total Body Sculpt Plus
	08:00 am	Total Body Sculpt Plus
	10:00 am	Bodies in Motion 30th Anniversary Shows
Saturday, April 4	07:00 am	Total Body Sculpt Plus
Monday, April 6	06:00 am	Bodies in Motion
	06:30 am	Total Body Sculpt
	08:00 am	Bodies in Motion
Tuesday, April 7	06:00 am	Bodies in Motion
	06:30 am	Total Body Sculpt
	08:00 am	Bodies in Motion
Wednesday, April 8	06:00 am	Bodies in Motion

	06:30 am	Total Body Sculpt
	08:00 am	Bodies in Motion
Thursday, April 9	06:00 am	Bodies in Motion
	06:30 am	Bodies in Motion 30th Anniversary Shows
	08:00 am	Bodies in Motion
Friday, April 10	06:00 am	Total Body Sculpt Plus
	08:00 am	Total Body Sculpt Plus
Saturday, April 11	07:00 am	Total Body Sculpt Plus
Monday, April 13	06:00 am	Bodies in Motion
	06:30 am	Total Body Sculpt
	08:00 am	Bodies in Motion
Tuesday, April 14	06:00 am	Bodies in Motion

	08:00 am	Bodies in Motion
Wednesday, April 15	06:00 am	Bodies in Motion
	08:00 am	Bodies in Motion
Thursday, April 16	06:00 am	Bodies in Motion
	06:30 am	Bodies in Motion 30th Anniversary Shows
	08:00 am	Bodies in Motion
Friday, April 17	06:00 am	Total Body Sculpt Plus
Saturday, April 18	07:00 am	Total Body Sculpt Plus
Monday, April 20	06:00 am	Bodies in Motion
	08:00 am	Bodies in Motion
Tuesday, April 21	06:00 am	Bodies in Motion
	08:00 am	Bodies in Motion

Wednesday, April 22	06:00 am	Bodies in Motion
	08:00 am	Bodies in Motion
Thursday, April 23	06:00 am	Bodies in Motion
	06:30 am	Bodies in Motion 30th Anniversary Shows
	08:00 am	Bodies in Motion
Friday, April 24	06:00 am	Total Body Sculpt Plus
Saturday, April 25	07:00 am	Total Body Sculpt Plus
Monday, April 27	06:00 am	Bodies in Motion
	08:00 am	Bodies in Motion
Tuesday, April 28	06:00 am	Bodies in Motion
	08:00 am	Bodies in Motion
Wednesday, April 29	06:00 am	Bodies in Motion

	08:00 am	Bodies in Motion
Thursday, April 30	06:00 am	Bodies in Motion
	06:30 am	Bodies in Motion 30th Anniversary Shows
	08:00 am	Bodies in Motion